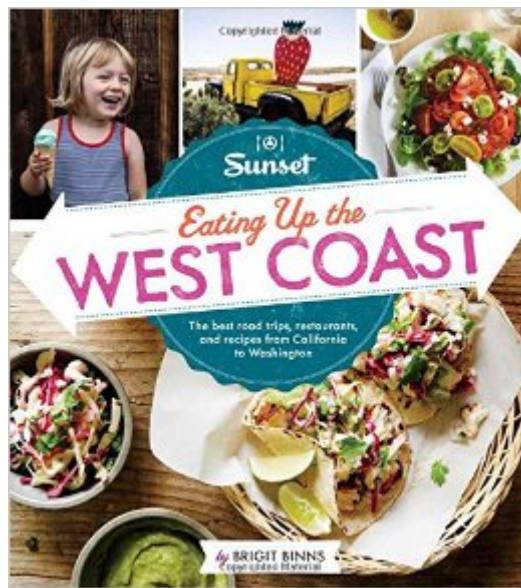


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# Sunset Eating Up The West Coast: The Best Road Trips, Restaurants, And Recipes From California To Washington



## Synopsis

Sunset Magazine and cookbook author and Road Foodie blogger Brigit Binns team up to take readers on a mouthwatering tour along scenic highways and picturesque back roads of the Pacific coast. Brigit and her trusty canine companion, Stella, make their way up the region in four bites--Southern California, Northern California, Oregon, and Washington--discovering local eateries, dives, and cafes that showcase the true flavors of each region. More than 125 delicious and authentic recipes fill the pages of this part cookbook, part delicious journey, along with tales from owners, patrons, and employees that bring each restaurant's and region's personality to light. Impeccable full color photography also graces the pages, taking readers both inside these landmark gems and outside to the surrounding scenery. Sunset's Eating Up the West Coast is a discovery guide for anyone who loves to eat great local food and venture off the beaten path.

## Book Information

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## Customer Reviews

I have been fortunate enough to have attended several of Brigits cooking classes at Refugio's, so when this book came out I was so excited to read it. And I was not disappointed. Brigit has a way of making you feel like you are traveling with her and Stella (her canine companion), on a wonderful culinary adventure. The recipes are fabulous, easy to prepare, and the photography beautiful. I can't wait to make the Grilled Toma Cheese with Caramelized Onions and the Lamb Chops with Potato-Goat Cheese Gratin! I love this book!

Full disclosure: I am Brigit's friend, and have taught at her school, Refugio, in Paso Robles. Those things have nothing to do with this review. When I friend writes a book, I usually keep mum because I don't want to be accused of nepotism. But I can't keep quiet about this wonderful book, (boysenberry) jam-packed with so many appetizing recipes. And the photos and trip details will make you emotionally hungry for a West Coast road trip--if not, well, you are a hard, hard person. I was raised in California, and what I love the most about the book--and it is hard to choose just one quality--is how Brigit has balanced our beloved standards like cioppino and lemon tart with new-wave dishes. I can't wait to try the chicken egg roll "haystacks," the lamb barbacoa, and more. Add to this Sunset Magazine's well-known artistic sensibilities, and you have a winner. If you are looking for a gift for a proud Californian, especially one that might be homesick, this is the answer. I should be buying up a stack when the holidays roll around.

bought it more for the road trips & destinations - not for the recipes - but we already made 3 things from it the very first night - and they were spectacular!!

This book is both a travel book and a cookbook. I can't wait to hit the road and visit the restaurants that are highlighted here. In the meantime, I'll be in my kitchen making Eggs Woodrose and Pan Fried Zucchini Cakes.

Great "travel from home." It gave me sweet memories from some of the restaurants we had visited on a trip along the coast and ideas for the next one while I prepare some of the dishes from home.

This book gives us a look at what we can choose to expect on a West Coast drive...it takes the guess work out of dining and lodging! I am looking forward to experiencing her suggestions!

This is my second book from Brigit Binns and I absolutely love it! Her cooking, photos and writing are superb and I'm already debating which ones of these yummy recipes I will gleefully tackle for my next dinner party. The road trip concept with Stella the faithful 4-legged side kick was inspired and so unique. Thanks Brigit, keep it going! We love it!!!

Like all of Binns books, this is terrific. I always work my way through her recipes page by page. I am a cookbook collector and this is one you don't want to miss

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